

Yoga Teacher Training Workshop with Todd Norian

Hands-on Adjustments, an Ashaya Yoga® Workshop

For Yoga Teachers and Experienced Students

Friday, May 4th 6:30-8:30 p.m. **held at Two Hearts Studio**
Yoga Alliance Continuing Education Credits Available

Take your teaching and practice of yoga to a deeper level of excellence. During this class you learn the techniques and skills necessary to be able to give unforgettable hands-on adjustments that will transform your students forever. Using the precise alignment techniques and inspiring philosophy of Ashaya Yoga®, you will learn how to transmit your highest intention through touch.

Cost:

EBS \$50 paid by April 10th, 2018

\$60 paid after April 10th

Pre-registration required at TwoHearts.net



Todd Norian, E-RYT 500, is an internationally acclaimed yoga teacher. A student of yoga since 1980, he has immersed himself in many styles of alignment-based and heart-centered yoga. In 2012, he founded Ashaya Yoga® (AH-shy-ah) – a Sanskrit word that means, “abode of the heart” – which blends precise alignment techniques with empowering and spiritually uplifting philosophy. With warmth and humor, Todd excels at making deep philosophical teachings accessible and relatable. As an accomplished musician, Todd has created several music CDs for yoga, meditation, and relaxation. Todd welcomes students of all levels to awaken to their inherent potential for unlimited joy, vitality, and fulfillment. Practice with Todd online at Shri.tv.com. Learn more at www.ashayayoga.com.

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